

MEN

YOUR BAC AFTER ONE HOUR OF DRINKING

		BODYWEIGHT (LBS)								
		120	140	160	180	200	220	240	260	280
TOTAL NUMBER OF DRINKS	1	.02	.01	.01	.01	.00	.00	.00	.00	.00
	2	.05	.04	.03	.03	.02	.02	.02	.01	.01
	3	.08	.06	.05	.05	.04	.04	.03	.03	.02
	4	.11	.09	.08	.07	.06	.05	.05	.04	.04
	5	.14	.12	.10	.09	.08	.07	.06	.06	.05
	6	.17	.14	.12	.11	.10	.09	.08	.07	.06
	7	.20	.17	.15	.13	.12	.10	.09	.08	.08
	8	.23	.20	.17	.15	.13	.12	.11	.10	.09
	9	.27	.23	.19	.17	.15	.14	.12	.11	.10
	10	.30	.25	.22	.19	.17	.15	.14	.13	.12

WOMEN

YOUR BAC AFTER ONE HOUR OF DRINKING

		BODYWEIGHT (LBS)								
		100	120	140	160	180	200	220	240	260
TOTAL NUMBER OF DRINKS	1	.03	.02	.02	.01	.01	.01	.00	.00	.00
	2	.07	.06	.05	.04	.03	.03	.02	.02	.02
	3	.12	.10	.08	.07	.06	.05	.05	.04	.04
	4	.16	.13	.11	.10	.08	.07	.07	.06	.05
	5	.21	.17	.14	.12	.11	.10	.09	.08	.07
	6	.25	.21	.18	.15	.13	.12	.11	.10	.09
	7	.30	.25	.21	.18	.16	.14	.13	.12	.11
	8	.34	.28	.24	.21	.18	.16	.15	.13	.12
	9	.39	.32	.27	.24	.21	.19	.17	.15	.14
	10	.43	.36	.31	.27	.23	.21	.19	.17	.16