

MEN

YOUR BAC AFTER ONE HOUR OF DRINKING

| | | BODYWEIGHT (LBS) | | | | | | | | |
|------------------------|----|------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| | | 120 | 140 | 160 | 180 | 200 | 220 | 240 | 260 | 280 |
| TOTAL NUMBER OF DRINKS | 1 | .02 | .01 | .01 | .01 | .00 | .00 | .00 | .00 | .00 |
| | 2 | .05 | .04 | .03 | .03 | .02 | .02 | .02 | .01 | .01 |
| | 3 | .08 | .06 | .05 | .05 | .04 | .04 | .03 | .03 | .02 |
| | 4 | .11 | .09 | .08 | .07 | .06 | .05 | .05 | .04 | .04 |
| | 5 | .14 | .12 | .10 | .09 | .08 | .07 | .06 | .06 | .05 |
| | 6 | .17 | .14 | .12 | .11 | .10 | .09 | .08 | .07 | .06 |
| | 7 | .20 | .17 | .15 | .13 | .12 | .10 | .09 | .08 | .08 |
| | 8 | .23 | .20 | .17 | .15 | .13 | .12 | .11 | .10 | .09 |
| | 9 | .27 | .23 | .19 | .17 | .15 | .14 | .12 | .11 | .10 |
| | 10 | .30 | .25 | .22 | .19 | .17 | .15 | .14 | .13 | .12 |

WOMEN

YOUR BAC AFTER ONE HOUR OF DRINKING

| | | BODYWEIGHT (LBS) | | | | | | | | |
|------------------------|----|------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| | | 100 | 120 | 140 | 160 | 180 | 200 | 220 | 240 | 260 |
| TOTAL NUMBER OF DRINKS | 1 | .03 | .02 | .02 | .01 | .01 | .01 | .00 | .00 | .00 |
| | 2 | .07 | .06 | .05 | .04 | .03 | .03 | .02 | .02 | .02 |
| | 3 | .12 | .10 | .08 | .07 | .06 | .05 | .05 | .04 | .04 |
| | 4 | .16 | .13 | .11 | .10 | .08 | .07 | .07 | .06 | .05 |
| | 5 | .21 | .17 | .14 | .12 | .11 | .10 | .09 | .08 | .07 |
| | 6 | .25 | .21 | .18 | .15 | .13 | .12 | .11 | .10 | .09 |
| | 7 | .30 | .25 | .21 | .18 | .16 | .14 | .13 | .12 | .11 |
| | 8 | .34 | .28 | .24 | .21 | .18 | .16 | .15 | .13 | .12 |
| | 9 | .39 | .32 | .27 | .24 | .21 | .19 | .17 | .15 | .14 |
| | 10 | .43 | .36 | .31 | .27 | .23 | .21 | .19 | .17 | .16 |